



Shelf Notes



Notes from the Director

BY JENNIFER STONEBRAKER

Hello from the Pantry! I am so pleased to be taking on the role of Director here at the Bowdoinham Food Pantry - what an incredible place and amazing group of people! I live here in town with my family and our menagerie of animals - goats, ponies, chickens, pup, bunny and gold fish. Community and service is a huge part of our life.

Our amazing Board of Directors and volunteers here at the Pantry have been showing me the ropes. I am thrilled to continue to build our foundation while looking toward the future and all the possibilities it holds.

"Shelf Notes" will be a monthly publication communicating exciting news, Pantry updates, volunteer opportunities and more!

Looking forward to meeting you at the Pantry soon!

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Calendar at a Glance

OCTOBER 5TH - NATIONAL DO SOMETHING NICE DAY

OCTOBER 29TH - TRUNK OR TREAT



News from the Board

MINUTES FROM THE SEPTEMBER BOARD MEETING

Volunteer Opportunities

WEDNESDAY - *Distribution Prep, Donation Processing & Distribution*

THURSDAY - *Backpack Shopper and Packers*

THURSDAY or SATURDAY - *Recycling Help*

Little Free Pantry Drop off

Food pick up drivers

Meal Makers

For more information and to sign up

[CLICK HERE](#)

Wish List

PEANUT BUTTER/JELLY
PASTA/SAUCE
CANNED TUNA/CHICKEN
GRANOLA BARS
MACARONI & CHEESE
CANNED SOUP
CEREAL (LOW SUGAR)
MEAT (HAMBURGER/CHICKEN)
BUTTER
EGGS



From our Clients....

**"I LIKE SHOPPING HERE
BECAUSE....."**

Did you know....1 in 6 children face hunger in Maine

DATA FROM Feeding America.org